

Unhelpful States
by
Stuart Thomas Fairchild

Panacea

Should you or a family member become ill
make a joint appointment with your pediatrician
and neopagan doctor.
If they are not immediately available,
take a taxi to the nearest large body of water.
Strip yourself of clothing except your cell phone.
Run along the edge of the bank/shore
until you are near hyperventilating or you
collapse.

Call emergency services.
Lay on the ground until help arrives.
When they come, wait for them to get near you.
Scream repeatedly, "Take me to MacMahan!"
without fail or interruption.
Grip the place you are hurt.
Should you have nausea
or some generalized pain
gyrate on the ground
with a smooth rolling hypnotic motion
from your feet
to the top of your head.
Inch forward if possible.

Allow the ambulance to take you to the hospital.
Refuse sedatives.
You will probably be sedated anyway.
Tell them you don't appreciate their snake oil.
At the first available opportunity run away.
Call a taxi.
Go home.
Drink some water.
You should feel better.
If not, wait until your pediatrician and neopagan
doctor can see you.

Training

Earn a degree in Elementary Education.

Work for twenty years indoctrinating a secret army of revolutionaries.

Keep in contact through High School and

then release them to University and Community colleges as sleeper agents.

Plan a time release dismantle of the education system as you know it.

Focus each student for a specific subject.

Fail to adequately adjust your scheme for changes in standards.

Create aliases for each of your agents.

Name them according to subject area they are to infiltrate.

When Mozart stabs an instructor

after learning prepositions with a piano

disavow knowledge of any warning signs.

Albee will fall to the floor in spasms

during theater when he is forced to

calculate the budget of the schools' production.

Eventually a coalition of police from the colleges your students attended

will be alerted by their incident tracking systems

an unusual percentage of campus disturbances

can be linked to your kindergarten classes.

Hire Lincoln early and you should avoid conviction.

Patronize

When wrangling a customer

from any service position

there are many tactics

guaranteeing satisfaction.

Make sure you smile at all times.

Even if on the phone

the entity on the other end

will recognize your cheery nature.

Even machines can hear your grimace.

Take notes on the appearance of customers.

On the phone, ask them what they are wearing.

Make suggestions on new wardrobe options

they may have never considered.

Mention the pleasurable feel of corduroy trousers.

Tell them arches are for entrances and exercise.

Artificially raise your voice

to an uncomfortable decibel level

whenever addressing someone.

Make sure you sound a little strained.

If they ask you to lower the volume then ask them,

"Why don't you like smiles?"

If they continue to protest,

remind them

you can take your love away and

give it to someone else at any time.

Miasma

Philosophy is the best defense
the organic mind has against the absurd
uncaring plane of existence we perceive.
Upon observing the organizations of the human species
without contextual awareness
they may appear anarchistic and viscous.
But upon inspection of the biosphere
presented to the conscious mind
anything that doesn't immediately succumb
and dissolve in existence is impressive.

Pollution causes the biosphere to become humanity's greatest threat.
When the foul gases we create
change the color of light reflecting our environment
you begin to recoil from nature at subconscious direction
A mind processing information you never read.
Closing the blinds,
staying inside,
watching videos for hours on end
becomes nature.

Linoleum floors and sheetrock
effectively replace grass and trees.
When breathing outside
brings you closer to the grave
focusing on your compact tomb makes more sense.

People now gravitate towards clouds unseen.
Human bodies
are more separated
from the physical world
while connecting in communities
larger than any city can hold.

Funny how the gases of death
no longer are physical,
but a black plague will
eventually pass through "The Cloud"
releasing a stench into the earth
missed for hundreds of years.

Weathering

In order to discourage experienced members of the populace
from entering into employment with The State
wages are kept at a minimum.

A large percentage of the meager check
an employee earns is retained by The State
for a pension plan requiring many years of service to draw.
This ensures that most State employees
have no outside experience
previous to working within the bureaucracy.
They will stay within as long as they can withstand
the mental hardships required.
Because of their neophyte status
many have no point of reference for ideas of reform,
or know how to perform their jobs
They are probably replacing the only person
who knew what the position actually entailed.

The mass gasping for air
blindly grabbing at anything resembling stability
at first seems like a collective psychosis.
Eventually it becomes as calming and regular as the tides.
The mind creates coping mechanisms naturally to allow "normalcy."
Practice the following to maintain standard life expectancy.

Regulate your schedule
until your body automatically activates
approximately thirty seconds before your alarm sounds
every single day.
Stand in your coworker's doorway
until they have no choice but to acknowledge your presence.
Attempt to use every adult human you encounter
as masturbation fodder.
Imagine spooning with them afterwards.
Smile.

Whenever asked to perform a task
suggest a co-worker to whom it is better suited.
Always demand notice of deadlines, and proclaim,
"Your lack of planning does not constitute an emergency for me."

Vigor

The people you see daily
are extremely unhappy
with the state of affairs in your local area.
You petition The State
to provide protection from corporations
literally knocking over buildings
in shanty town.
Desperate people are homeless.
The response is tersely delivered
Via email.
"Tough titty."
A machine with one way communication
follows you everywhere on your daily routine.

Birth an international corporation.
Raise enough money to begin
sending "employees" to foreign states.
Have those employees apply for refugee status.
Raise their first wave of children
in the home State as collateral.

Hire locals
begin indoctrinating them
on the radical history of your culture.
Continue to raise money for a reformative agenda.
When annual income is close to other NGOs
shift strategy.

Instead of galas and glad-handing wealthy people
you create arresting visual advertisements
aimed at middle class youth.
Pay for inserts in scrolling media.

Ask for money.
Speak directly to the audience.
Tell them the money is for bodies
to fight a sacred war against the inhuman.
Build a cloning factory.
Steal the DNA of the top 100 celebrities.
Produce an army.
Breed locals with the clones.
Have the army occupy shanty towns.
Force your clones to stay and die
while the shanty towns are destroyed.
Record and live stream the carnage.
Direct your nonprofit
to fight for international clone rights.
Use the children of dead celebrity clones
in your next round of advertising.
You will survive this war.

Dancing

With the exception of the most regressive cultures dancing is considered a fun lighthearted exercise bringing people together.

Some uses of dancing include

mating rituals,

celebrations of interpersonal licensing agreements, and general stress relief.

However, there are some pieces of general knowledge one should be aware of before rubbing one's cat on the floor.

When dancing

it is appropriate to ignore everyone else around you except your partner.

If your partner cannot dance it is appropriate to ignore them.

The secret to dancing is found in advanced mathematical formulas.

Physics majors are always winning dance competitions.

Looking at the floor unfolds the movement backwards.

Take out your eyes and let the numbers in the music move you.

Touching the hip of a partner

helps keep you both in the same rhythm.

Holding hands locks steps.

Grinding your crotch on another dancer's body,

specifically their rear end, (gender roles are unimportant)

is considered a sign of playful sexual aggression.

Grabbing another's genitalia is sexual assault.

Rubbing chlorine into the eyes of on-lookers is all good fun until the police arrive.

Playing Russian Roulette in a crowd

is insulting to the majesty of the game.

Grooming

Never trim your nails in public.

Nails must be chewed down once a day, preferably at night just before going to sleep.

Never trim nails while under the effects of alcohol.

Buff and paint your nails every morning for the freshest shine.

When a coworker comments on your hand designed paisley thumb simply smile.

Bodily hair should be removed via electrolysis

Skin should be scrubbed daily with a pumice stone.

Make a spiral on your forehead.

Show your workstation as you arrive to the office your blemish free flesh.

Ask, "Jealous?"

Added fragrances should be kept to a minimum to avoid interfering with olfactory sensors.

Overwhelming neighbors and loved ones with vanilla and motor oil is considered unseemly,

It will result in fewer Event invites on Facebook.

Primeval

GO TO THE GYM.

MAKE YOUR WAY TO THE LOCKER ROOM.

REFUSE TO MEET ANYONE'S GLANCE WITH YOUR EYES.

CARRY YOUR BAG INTO A STALL.

**PULL A SMALL TRI-POD OUT OF YOUR BAG AND CONNECT YOUR
PHONE**

PLACE IT ON THE BACK OF THE TOILET.

START RECORDING VIDEO.

BROADCAST IF THE SIGNAL IS GOOD.

T-SHIRT SAYS

RUSTING GOD MY PIG LIPS

TAKE OFF YOUR SHIRT.

STARE DIRECTLY INTO THE CAMERA.

BEGIN TO BREATHE HEAVILY.

DIG THROUGH YOUR BAG AND PULL OUT A TASER PEN.

REMAIN STONE FACED.

FLASH THE ARC TO THE CAMERA.

PRESS IT TO YOUR LEFT NIPPLE.

THE FLESH JUMPS AS YOU HOLD THE BUTTON.

BARK.

BARK.

BARK.

BARK.

BARK.

BARK.

WHILE PULSATING TO A RHYTHM

ONLY YOU CAN HEAR.

Yarn

Because The State cannot afford

the same kind of deep psychological marketing research

afforded to multinational corporations

POTUS is expected to act anachronistically as a "pitch man."

Political parties are independent from the government,

and can afford to expend huge resources.

Recruiting the most charismatic mouth piece money can buy

to represent the wishes of their benefactors.

When asking POTUS

"What is it like to be the most famous actor in The State?"

the only response you will receive is forcible removal from the room.

You must employ at least a slight level of subterfuge to

engage a response for what is essentially

a corporate sponsored press junket.

POTUS is trained to only answer a list of approximately 150 questions during the day.

Veering too far from the script will only confuse and anger it.

What is your daily routine?

How do you prepare for a press conference?

Who is your inspiration?

What film role is the most memorable to you?

What kind of diet are you on?

Did you find Arnold Schwarzenegger more believable

when his mountainous muscles glistened

as he spoke in films such as "Commando?"

Did you think Selena Gomez has the skills to

make the transition from child star to respected adult actress?

Are there any affirmations

you like to repeat

before presenting The State of the Union?

"In the world of tomorrow, the new man will 'think' the place he wants to go, then his mind will take him there."

-Sun Ra